BALLSTON SPA CENTRAL SCHOOL DISTRICT OFFICE OF DISTRICT ADVANCEMENT COMMUNITY EDUCATION PROGRAM

## Walk About Exercise



## **Program** 2017-2018



## Monday - Thursday evenings 6:00 - 7:30 pm

The program is held at the Ballston Spa Middle & High Schools. Please park at the Middle School, 210 Ballston Avenue, and enter the Middle School lobby to sign in. If conflicts with school activities occur, signs will direct you to the building that is available for walking; otherwise, both buildings are utilized.

ALL WALKERS ARE REQUIRED TO PRE-REGISTER IN ORDER TO PARTICIPATE IN THE PROGRAM. A "Walk About" ID badge, issued at registration, must be visible at all times. The program will start October 10<sup>th</sup> and continue through March 29<sup>th</sup>, when school is in session, closed during holidays and during emergency closings/dismissals.

New walkers may join the program at any time throughout the session for a \$15 registration fee. For more information and to register, please contact:

Office of District Advancement 70 Malta Avenue, Ballston Spa, NY 12020 Or call 884-7195 ext. 1329